



Blood & Urine Tests Required – Applicants 64 Years and Older

New applicants (64) years of age and older are required to provide blood and urine test results below, to be eligible to apply for this Group insurance plan. No other reports!

Save \$200- \$300 dollars and lots of your time.

~~NO EKG, Chest Xray, Mammogram, breast exam, prostate exam, renal function tests~~

**** For your convenience and the labs, the blood and urine test requirements are bilingual.**

12 Hour FASTING required for accurate results.

Prior to going for your blood work, stop by the lab to get a specimen container in which to save your “first urine of the day”. Remember to bring the specimen container with you when you go to the lab..

**You may use ANY laboratory of your choice and you are responsible for securing the results from the lab and emailing them to our agent.

REMEMBER to take this document to the lab.

ENGLISH

GENERAL PROFILEBLOOD

- 1.Complete Blood Count (CBC, WBC)
2. Lipid Profile (include Cholesterol, Triglycerides, HDL/LDL)
3. Glucose, AND for **MEN ONLY PSA**
4. URINE: Uric Acid, Creatinine Bun

ESPAÑOL

PERFIL GENERAL

- 1.Brometria, Heratica, Complete B4
2. **Perfil de Lipidos (Colesterol incluido,)Triglycerides, HDL/LDL**
3. La GlucosA, Y **SOLO Hombres Prueba PS**
- 4.Urinanalysis: (ácidoúrico,, Creatinine, Bun

Note: If you have lab reports with above requirements within 6 months of your application deadline- there is no need to repeat.

Focus has negotiated a discount on your Blood Tests when you submit this document. Similar tests in other labs can cost up to \$1046 pesos. At GOLAB ,you will pay ONLY \$800 pesos- close to 25% discount!

GOLAB facility in Riberas del Pilar (in the Maskaras Clinic complex)

Telephone: 376-106-0881

Hours: Monday to Friday 8am to 3pm

OUTSIDE OF LAKE CHAPALA AREA, YOU MAY USE ANY LAB OF YOUR CHOICE.

The insurance policy is issued by Best Doctors Insurance Limited, a Bermuda company.
Insurance administration services provided by Best Doctors Insurance Holdings, LLC., on behalf of Best Doctors
www.bestdoctorsinsurance.com

From Mexico dial 001(305)269-2521
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